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ABSTRACT

This booklet for distribution to students and employees contains East Carolina University's (ECU/North Carolina) policy prohibiting illegal drug use, a description of the medical and legal implications of using illegal substances, and a listing of campus and off-campus resources available to assist persons with substance abuse problems. A statement of ECU philosophy proceeds the policy statement which includes sections on educational programs to prevent drug abuse, preventative counseling and rehabilitation programs, disciplinary actions, assignment of responsibilities under the policy, and policy dissemination. There follows a chart indicating for each category of illicit drug and for alcoholic beverages the health risks, the legal penalties under North Carolina law, and ECU disciplinary actions. Two more charts show the penalties for possession of drug paraphernalia, and for counterfeit controlled substances. Four final sections list various resources to assist with substance abuse including drug and alcohol resources and clinical services (address, telephone, contact person and program description for each service); self help resources (e.g., listing of times and places of local Alcoholics Anonymous meetings); academic resources (classes on substance abuse and faculty resources); religious organizations (address, contact person, and telephone number for each). (JB)

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ED 382576

ALCOHOL/DRUG ABUSE

Philosophy

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Policy

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Prevention

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Treatment

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Self-Help Resources

for

EAST CAROLINA UNIVERSITY
Students, Faculty, and Staff

Sponsored by The Division of Student Life

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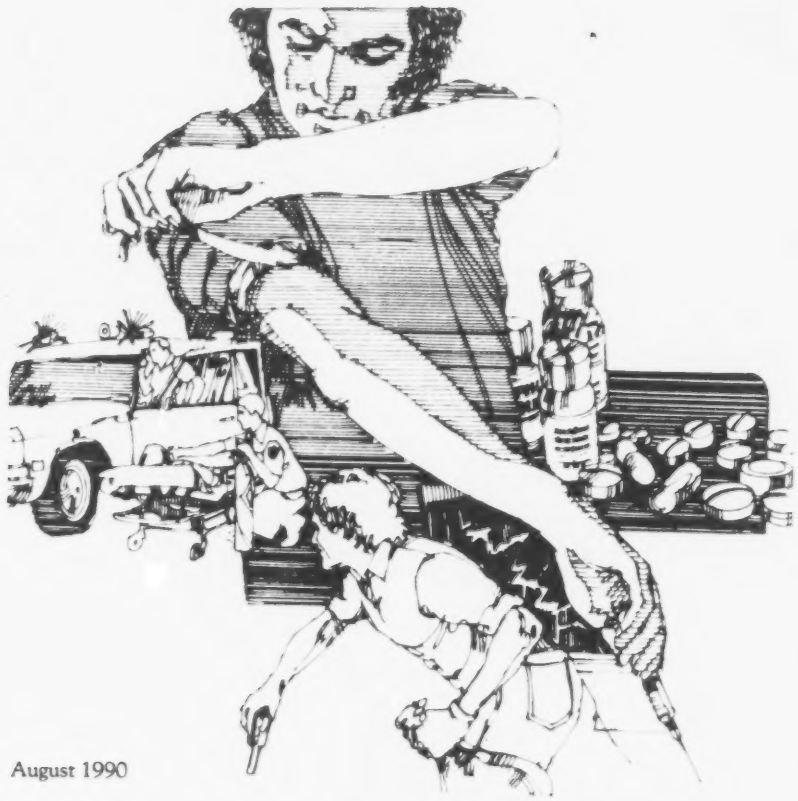

The Network for Drug Free Colleges/ERIC/HE Project

The ERIC Clearinghouse on Higher Education has been given federal funds to process a special collection of policy, program and curriculum documents produced by the Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse, a coalition of institutions initiated by the Department of Education, Office of Educational Research and Improvement in response to the 1989 Drug Free Schools and Communities Act.

Major objectives of the project are to:

- increase access to the information on programs, policies, and curricula developed by Network member institutions;
- encourage the use of the ERIC system by Network member institutions;
- improve the Network's ability to know about, and share information on activities at member institutions; and
- test a model for collaboration with ERIC that other national agencies might adopt.

All Network/HE Project documents are tagged with the following Identifier appearing in the IDEN Field:

*** Network for Drug Free Colleges**

All Network/HE Project citations carry the following statement in the Note Field:

> This report is part of a collection of programs, policies and curricula developed by members of the Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse, a coalition of institutions sponsored by the Department of Education, Office of Educational Research and Improvement in response to the 1989 Drug Free Schools and Communities Act. For related documents see HE 000000-HE 000000.

A Message from the Chancellor . . .

Dear Faculty, Staff, and Students:

This booklet contains ECU's policy prohibiting illegal drug use, a description of the medical and legal implications of using illegal substances, and a listing of campus and off-campus resources which are available to assist persons having problems with substance abuse. It is an excellent booklet representing many hours of labor by our colleagues.

Our approach to substance abuse problems emphasizes education. I hope that learning about the terrible and lasting effects of drug abuse will act as a deterrent for anyone contemplating illegal drug use. In addition, anyone who has problems in this area can use the information in this booklet to find sources of help. Those who seek help through University services have my assurance that applicable professional standards of confidentiality will be observed.

I trust that you share my deep concern for providing an educational environment free of substance abuse. Working together, we can accomplish this goal.

Sincerely,

Richard R. Eakin

Richard R. Eakin
Chancellor

ALCOHOL/DRUG ABUSE

Philosophy · Policy · Prevention
Treatment · Self-Help Resources
for
EAST CAROLINA UNIVERSITY
Students, Faculty, and Staff
Sponsored by The Division of Student Life

AUGUST 1990

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Introduction

This resource booklet has been developed to provide a comprehensive overview of the health risks and legal implications related to alcohol and other drug use, and to serve as a reference for on and off-campus resources which are available to students, faculty and staff at East Carolina University.

Since substance abuse is one of our primary concerns relative to the health and welfare of members of the ECU Community, we hope this guide is helpful to all who need help or who attempt to provide assistance.

We express our sincere appreciation to the agencies represented and to the work of the staff who provided the information.

Division of Student Life

Philosophy

The fundamental purpose of East Carolina University is to maintain an environment that supports and encourages the pursuit and dissemination of knowledge. All members of the academic community — students, faculty, administrators and other staff members — share the responsibility for protecting that environment, and all are expected to exemplify high standards of professional and personal conduct. The illegal or abusive use of drugs or alcohol by members of the academic community adversely affects the educational environment. Therefore, East Carolina University is committed to having a campus that is free of illegal drug use and drug and alcohol abuse.

In keeping with its primary purpose, East Carolina University will utilize educational strategies as its major approach to this problem, but everyone should be aware that any member of the university community who uses illegal drugs or abuses any drug including alcohol may be subject to prosecution and punishment by the civil authorities and to disciplinary proceedings by the University. Trafficking in illegal drugs is particularly offensive and the penalties reflect this judgment. East Carolina University's interest in punishing offenders is not punitive, but rather to establish clear limits of conduct for members of campus community.

People who are using drugs should stop. This policy does NOT punish people who seek rehabilitation. All information provided by people who voluntarily avail themselves of drug or alcohol counseling or rehabilitation services will be confidential. It will NOT be used against the individual.

East Carolina University Policy on Drug Abuse

East Carolina University is dedicated to the pursuit and dissemination of knowledge and, as such, expects all members of the academic community to behave in a manner conducive to that end. The highest standards of personal and professional conduct must be maintained by faculty, staff, and students. Illegal or abusive use of drugs by members of the University community adversely affects the mission of the University and is prohibited.

Accordingly, the East Carolina University Board of Trustees adopts the following policy, consistent with the UNC Board of Governors' Policy on Illegal Drugs. The policy is intended to accomplish the following:

1. Prevent drug abuse through a strong educational effort;
2. Encourage and facilitate the use of counseling services and rehabilitation programs by those members of the academic community who require their assistance in stopping drug abuse; and
3. Discipline appropriately those members of the academic community who engage in illegal drug-related behaviors.

Educational Efforts to Prevent Drug Abuse

In keeping with its primary mission of education, East Carolina University will conduct a strong educational program aimed at preventing drug abuse and illegal drug use. Educational efforts shall be directed toward all members of the academic community and will include information about the incompatibi-

lity of the use or sale of illegal drugs with the goals of East Carolina University; the health hazards associated with illegal drug use; the incompatibility of drug abuse with the maximum achievement of educational, career, and other personal goals; and the potential legal consequences of involvement with illegal drugs.

Counseling and Rehabilitation Services to Prevent Drug Abuse

Those faculty, staff, or students who seek assistance with a drug-related problem shall be provided with information about drug counseling and rehabilitation services available through East Carolina University and also through community organizations. Those who voluntarily avail themselves of Univeristy services shall be assured that applicable professional standards of confidentiality will be observed.

Disciplinary Actions to Prevent Drug Abuse

Students, faculty members, administrators, and other employees are responsible, as citizens, for knowing about and complying with the provisions of North Carolina law that make it a crime to possess, sell, deliver, or manufacture those drugs designated collectively as "controlled substances" in Article 5 of Chapter 90 of the North Carolina General Statutes. Any member of the University community who violates that law is subject both to prosecution and punishment by the civil authorities and to disciplinary proceedings by the University.

It is not "double jeopardy" for both the civil authorities and the University to proceed against and punish a person for the same specified conduct. The University will initiate its own disciplinary proceeding against a student, faculty member, administrator, or other employee when the alleged conduct is deemed to affect the interests of the University.

Penalties will be imposed by the University in accordance with procedural safeguards applicable to disciplinary actions against students, faculty members, administrators, and other employees, as required by Sections V and VI of Appendix D of the East Carolina University Faculty Manual, by the Board of Governors' policies applicable to other employees exempt from the State Personnel Act, by the East Carolina University Student Judicial System, and by regulations of the State Personnel Commission.

The penalties to be imposed by the University may range from written warnings with probationary status to expulsions from enrollment and dischanges from employment.* However, the following minimum penalities shall be imposed for the particular offenses described.

1. **Trafficking in Illegal Drugs**

   a. For the illegal manufacture, sale or delivery, or possession with intent to manufacture, sell or deliver, of any controlled substance identified in Schedule I, N.C. General Statutes 90-89, or Schedule II, N.C. General Statutes 90-90 (including, but not limited to, heroin, mescaline, lysergic acid diethylamide, opium, cocaine, amphetamine, methaqualone), any student shall be expelled and any faculty member, administrator or other employee shall be discharged.

   b. For a first offense involving the illegal manufacture, sale or delivery, or possession with intent to manufacture, sell or delivery, of any controlled substance identified in Schedules III through VI, N.C. General Statutes 90-91 through 90-94, (including, but not limited to, marijuana, pentobarbital, codeine) the minimum penalty shall be suspension from enrollment or from employment for a period of at least one semester or its equivalent. For a second offense, any student shall be expelled and any faculty member, administrator, or other employee shall be discharged.*

2. **Illegal Possession of Drugs**

   a. For a first offense involving the illegal possession of any controlled substance identified in Schedule I, N.C. General Statutes 90-89, or Schedule II, N.C. General Statutes 90-90, the minimum penalty shall be suspension from enrollment or from employment for a period of at least one semester or its equivalent.*

   b. For a first offense involving the illegal possession of any controlled substance identified in Schedules III through VI, N.C. General Statutes 90-91 through 90-94, the minimum penalty shall be probation, for a period to be determined on a case-by-case basis. A person on probation must agree to participate in a drug education and counseling program, consent to regular drug testing, and accept such other conditions and restrictions, including a program of community service, as the Chancellor or the Chancellor's designee deems appropriate. Refusal or failure to abide by the terms of probation shall result in suspension from enrollment or from employment for any unexpired balance of the prescribed period of probation.

   c. For second or other subsequent offenses involving the illegal possession of controlled substances, progressively more severe penalties shall be imposed, including expulsion of students and discharge of faculty members, administrators or other employees.

When a student, faculty member, administrator , or other employee has been charged by the University with a violation of policies concerning illegal drugs, he or she may be suspended from enrollment or employment before initiation or completion of regular disciplinary proceedings if, assuming the truth of the charges, the Chancellor or, in the Chancellor's absence, the Chancellor's designee concludes that the person's continued presence within the University community would constitute a clear and immediate danger to the health or welfare of other members or the University community; provided, that if such a suspension is imposed, an appropriate hearing of the charges against the suspended person shall be held as promptly as possible thereafter.

In the case of employees, anyone convicted of a criminal drug statute violation occurring in the workplace shall notify the University no later than five days after such conviction. The University will commence disciplinary action against such an individual within thirty (30) days of notice of the conviction.

Responsibilities Under This Policy

Authority to implement the policy shall reside in the Chancellor.

The Chancellor shall designate a Coordinator of Drug Education who shall, acting under the authority of the Chancellor, be responsible for overseeing all actions and programs relating to this policy.

All employees and students shall be responsible for abiding by the provisions of this policy. In the case of employees, adherence with the provisions of the policy shall be a condition of employment.

The Chancellor will render an annual report to the Board of Trustees on the effectiveness of this policy.

Dissemination of this Policy

A copy of this policy shall be given annually to each employee and to all new employees at the beginning of their employment.

Each student residing in University housing shall receive a copy of this policy. The Vice Chancellor for Student Life shall designate several locations on campus where students may obtain copies of this policy.

The policy shall be printed in appropriate student documents and posted on official bulletin boards of the University.

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*State personnel policy provides that employees subject to the State Personnel Act may not be suspended from employment for punitive reasons for more than three days. Whenever this policy mandates "suspension" of an employee subject to the State Personnel Act as a minimum penalty, that employee must instead be terminated in accordance with the State personnel policy.

Drugs, Alcohol and Their Risks

North Carolina Laws

East Carolina University Disciplinary Actions

TYPES OF DRUGS:	HEALTH RISKS:	TO POSSESS:	TO POSSESS With Intent to Sell or Deliver: TO MANUFACTURE; OR TO SELL AND/OR DELIVER:	
Schedule I: Heroin, LSD, Peyote, Mescaline, Psilocybin (Shrooms), Other Hallucinogens, Methaqualone (Quaaludes), Phencyclidine (PCP), and MDA	Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, death, unpredictable behavior with hallucinogens; possible damage to unborn fetus	**Maximum Penalty:** Five (5) years in prison and/or fine *(Felony)*	**Maximum Penalty:** Ten (10) years in prison and/or fine *(Felony)*	**Minimum Penalties: To Possess With Intent to Sell or Deliver; To Manufacture; or To Sell and/or Deliver:** **Schedule I or II:** That student shall be expelled and any faculty member, administrator or other employee shall be discharged. **Minimum Penalties: To Possess Illegally Any Controlled Substance:** **Schedule I or II:** Suspension from enrollment or from employment for a period of at least one semester or its equivalent.
Schedule II: Morphine, Demerol, Codeine, Percodan, Percocet, Fentanyl, Dilaudid, Seconal, Nembutal, Cocaine, Amphetamines, and other opium and opium extracts and narcotics	Psychologically and physically addictive; withdrawal symptoms, convulsions, respiratory failure, frequent accidents; possible damage to unborn fetus; death; cocaine and amphetamines increase blood pressure which can lead to irregular heartbeat and death; amphetamines can cause agitation, increase in body temperature, hallucinations, convulsions, possible death	**Maximum Penalty:** Two (2) years in prison and/or $2,000 fine *(Misdemeanor)* — UNLESS — 1. Exceeds (4) tablets, capsules, other dosage units or equivalent quantity of Hydromorphone 2. Exceeds (100) tablets, capsules, other dosage units or equivalent quantity 3. Any amount of Cocaine. Maximum Penalty: Five (5) years in prison and/or fine *(Felony)*	**Maximum Penalty:** Ten (10) years in prison and/or fine *(Felony)*	
Schedule III: Certain barbiturates such as amobarbitol and codeine containing medicine such as Fiorinal #3, Doriden, Tylenol #3, Empirin #3, and codeine-based cough suppressants such as Tussionex and Hycomine; and all anabolic steroids	Psychologically and physically addictive; potential liver damage, nausea and vomiting, dizziness, disorientation, shallow breathing, cold and clammy skin, coma, possible death; withdrawal symptoms include anxiety, tremors, insomnia, convulsions; possible damage to unborn fetus	**Maximum Penalty:** To possess less than (100) tablets, capsules, other dosage units or equivalent quantity: Two (2) years in prison and/or fine *(Misdemeanor)* To possess more than (100) tablets, capsules, other dosage units or equivalent quantity: Five (5) years in prison and/or fine *(Felony)*	**Maximum Penalty:** Five (5) years in prison and/or fine *(Felony)*	**Minimum Penalties: To Possess With Intent to Sell or Deliver; To Manufacture; or To Sell and/or Deliver:** **Schedule III, VI, V or VI: (1st Offense)** Suspension from enrollment or from employment for a period of at least one semester or its equivalent. **(2nd Offense)** Any student shall be expelled and any faculty member, administrator or other employee shall be discharged. **Minimum Penalties: to Possess Illegally Any Controlled Substance; To Possess Illegally Any Drug Paraphernalia:** **Schedule III, IV, V or VI: (1st Offense)** Probation to be determined on a case by case basis. Must agree to participate in a drug education and counseling program, consent to regular drug testing, and other conditions and restrictions, including community service. Refusal or failure to do so shall result in suspension from enrollment or from employment for the remaining period of probation. Second or subsequent offenses involving illegal possession of controlled substances, progressively more severe penalties shall be imposed, including expulsion of students and discharge of faculty members, administrators or other employees. ***For additional information contact The Dean of Students, 209 Whichard Building***
Schedule IV: Barbiturates, narcotics and stimulants including Valium, Talwin, Librium, Equanil, Darvon, Darvocet, Placidyl, Tranzene, Serax, Ionamin (yellow jackets)	Psychologically and physically addictive; drowsiness, withdrawal symptoms, tremors, abdominal and muscle cramps, insomnia, anxiety, convulsions, possible death; possible damage to unborn fetus.	**Maximum Penalty:** Same as Schedule III.	**Maximum Penalty:** Five (5) years in prison and/or fine *(Felony)*	
Schedule V: Compounds that contain very limited amounts of codeine, dihydrocodeine, ethylmorphine, opium, and atropine, such as Terpine Hydrate with codeine, Robitussin AC	Psychologically and physically addictive; nausea, gastro-intestinal symptoms, drowsiness, withdrawal symptoms including runny nose, watery eyes, panic, chills, cramps, irritability, nausea; possible damage to unborn fetus.	**Maximum Penalty:** Six (6) months in prison and/or fine *(Misdemeanor)*	**Maximum Penalty:** Five (5) years in prison and/or fine *(Felony)*	
Schedule VI: Marijuana, THC, Hashish, Hash Oil, Tetrahydrocannabinol	Psychologically addictive; increased risk of lung cancer, bronchitis, and emphysema; contributes to heart disease, fatigue, paranoia, possible psychosis; withdrawal symptoms including insomnia, hyperactivity and decreased appetite; depression of the immune system; decreased sperm count in men and irregular ovulation in women	**Maximum Penalty:** To possess less than 1/2 ounce of Marijuana or 1/20 ounce Hashish: Thirty (30) days in prison and/or $100 fine *(Misdemeanor)* To possess more than 1/2 ounce of Marijuana or 1/20 ounce Hashish: Two (2) years in prison and/or fine *(Misdemeanor)* To possess more than 1½ ounce of Marijuana or 3/20 ounce of Hashish or consists of any quantity of synthetic Tetrahydrocannabinols or synthetic Tetrahydro-cannabinols or Tetrahydrocannabinols isolated from the resin of Marijuana; Five (5) years in prison and/or fine *(Felony)*	**Maximum Penalty:** Five (5) years in prison and/or fine *(Felony)*	

TYPES OF ALCOHOL:	HEALTH RISKS:	TO POSSESS, ATTEMPT TO PURCHASE OR PURCHASE; TO SELL OR GIVE Malt Beverages, Unfortified Wine, Fortified Wine, Spirituous Liquor or Mixed Beverages to Anyone Under Twenty-one (21) Years Old:	AIDER AND ABETTOR:	EAST CAROLINA UNIVERSITY PENALTIES
Malt Beverage is beer, 1/2 of 1% to 6% alcohol **Unfortified Wine** is wine not more than 17% alcohol **Fortified Wine** is wine of not more than 24% alcohol **Spirituous Liquor** is distilled spirits or ethyl alcohol, including spirits of wine, whiskey, rum, brandy, gin, etc. **Mixed Beverage** is a drink composed in whole or part of spirituous liquor and served at restaurants, hotels and private clubs licensed by the State	Psychologically and physically addictive; respiratory depression; depression of the immune system; increased risk of heart disease, cancer, accidents, hypertension; brain damage; damage to unborn fetus; impotence at high dosage levels.	**Maximum Penalty:** Imprisonment for a term not exceeding two (2) years or a fine, or both, in the discretion of the court *(Misdemeanor)*, however, to posses, attempt to purchase, or purchase by **19 or 20 Year Old** is an infraction punishable by a fine not to exceed twenty-five dollars ($25)	1. By any person who is **under** (21) years of age to purchase and who aids or abets another to attempt to purchase, purchase or to possess; sell or give shall be guilty of a *misdemeanor* punishable by imprisonment for not more than six (6) months and/or a fine up to five hundred dollars ($500). 2. By any person **over** (21) years of age to purchase and who aids or abets another to attempt to purchase, purchase or to possess; sell or give shall be guilty of a *misdemeanor* punishable by imprisonment for not more than two (2) years and/or a fine up to two thousand dollars ($2,000).	Progressive penalty system based on the type of infraction and the circumstances involved. Penalties may be a warning, probation, fine ($25 minimum), voluntary community service, and/or removal from the residence system. In certain circumstances, involvement in an alcohol education and/or counseling program may be offered to a student in lieu of being referred to the Honor Board with a recommendation for suspension. Specifically, a student given this option will be required to participate in a program of assessment, education and counseling; pay a fee of sixty dollars ($60), and be placed on University probation. A student may participate in this program only once in lieu of disciplinary action.
For Additional Information Contact Your Local Health Care Provider or Pharmacist.		***For Additional Information Contact Your Local Law Enforcement Agency or District Attorney's Office.***		

Possession of Drug Paraphernalia for the Purpose of Ingesting a Controlled Substance

TO POSSESS:	TO POSSESS WITH INTENT TO SELL or DELIVER TO MANUFACTURE; or TO SELL and/or DELIVER:
One (1) year in prison and/or $500 fine. *(Misdemeanor)*	Two (2) years in prison and/or $1,000 fine. *(Misdemeanor)* *— HOWEVER —* Delivery of drug paraphernalia by a person over age 18 to a person under age 18 who is at least 3 years younger than defendant. Five (5) years in prison and/or fine. *(Felony)*

Counterfeit Controlled Substances

TO CREATE, SELL OR POSSESS WITH INTENT TO SELL OR DELIVER A COUNTERFEIT CONTROLLED SUBSTANCE. (Any substance which is represented as a controlled substance.)

Maximum Penalty:
Five (5) years in prison and/or fine.

For Your Information

1. If any person commits a controlled substance violation in which the punishment includes imprisonment for not more than two (2) years and if he/she has been previously convicted for one or more controlled substances violations, he/she shall be punished as a Class I Felon. Up to five (5) years in prison and/or fine.
2. If the violation includes imprisonment for not more than six (6) months in prison and if he/she has been previously convicted of one or more controlled substances violations he/she shall be guilty of a misdemeanor punishable by Imprisonment of not more than two (2) years and/or maximum fine of $2,000.
3. Any person 18 years of age or older who sells or delivers any controlled substance to a person under 16 years of age shall be punished as a Class E Felon. Up to thirty (30) years in prison and/or fine.

Drug and Alcohol Resources and Clinical Services

Alcohol and Drug Education Committee
Contact: Jerry Lotterhos ..... Phone: 757-4421

The Alcohol and Drug Education committee makes policy recommendations to the Vice Chancellor for Student Life and other appropriate university committees and groups relating to the use and abuse of alcohol and drugs among members of the ECU Community.

BACCHUS
Student Volunteer Organization
303 Erwin Building - ECU Campus
Contact: David Susina, Advisor ..... Phone 757-6793

BACCHUS (Boosting Alcohol Consciousness Concerning the Health of University Students) is a volunteer student organization offering peer counseling and intervention as well as peer education to ECU students concerning substance abuse problems.

Counseling Center
Wright Building - ECU Campus
Contact: Any Counselor ..... Phone: 757-6661

The Counseling Center provides short-term counseling, therapy, and referral services for students. In addition, we provide educational and consultation services for users or service providers.

School of Nursing
Nursing Building - ECU Campus
Contact: E. D. Henning, Dean ..... Phone: 757-6061

The School of Nursing faculty is composed of qualified nurse educators who are knowledgeable about the problems of substance abuse. They are available to teach in interdisciplinary courses which emphasize or include this content. They are also available to meet with student groups (residence halls, fraternities, sororities) or individuals to help them better understand the problem, how to assist others with substance abuse, and how to seek treatment through referral to an appropriate service.

Department of Public Safety
East Tenth Street - ECU Campus
Contact: J. Keith Knox ..... Phone: 757-6787

On a request basis, the Crime Prevention Officer will provide public awareness programs. These programs offer a detailed analysis of illegal drugs, symptoms of use, and hazards. Legal implications of drug use are reviewed. The "Think Smart" Program offered by Public Safety uses prison inmates to provide educational information.

Department of Resident Education
Fletcher Hall - ECU Campus
Contact: Carla Jones, Director
Resident Education ..... Phone: 757-4264

The Resident Education staff offers information concerning drug and alcohol awareness and education, implements programs and presentations, provides needed counseling and referral, and maintain a resource library. Residents should contact Resident Advisors, Assistant Coordinators, or the Coordinator for Resident Education in their building.

Office of Substance Abuse Prevention and Education
303 Erwin Building - ECU Campus
Contact: David Susina, Director ..... Phone: 757-6793

This office provides information, counseling, and programs to enhance awareness and education concerning substance abuse prevention. Intervention efforts consist of assessment, individual and group counseling, substance abuse workshops, referrals to campus and community agencies and involvement with support groups such as A.A., Adult Children of Alcoholics, N.A. and others. The program also offers a resource library to provide information about alcohol and other drug use and abuse.

Pitt County Mental Health Center
Substance Abuse Program
Stantonsburg Road (By Pitt Memorial Hospital)
Contact: Steve Creech, Director ..... Phone: 752-7151

Daily crisis intervention service 7 days/week.

- Emergency/Crisis program: 24 hour emergency face-to-face and telephone contact.
- Detoxification program: Residential and ambulatory services for addicts and alcoholics.
- Out-patient treatment: Structured treatment program for clients and family members.
- Forensic program:
  - DUI court program with evaluation, referral and traffic schools
  - TASC program for chronic offenders with legal involvement.

State Employees' Assistance Program
Flowers Building
101 W. 14 St., Office #103
Contact: Steve Wilson ..... Phone: 830-3458

The State Employees' Assistance Program (SEAP) is a free, confidential assessment, counseling, consultation and referral service for all State Employees and their family members. Temporary and retired employees are included in these services. The program is designed to help employees and/or family members find solutions to problems that disrupt their personal or professional lives.

Student Health Service
Student Health Center - ECU Campus
Contact: Suzanne Kellerman ..... Phone: 757-6794

The Student Health Services provides short-term counseling, health education, and referrals. Physicians, psychiatrists, nurses, and a health educator are available to provide immediate counseling as well as educational materials related to drug and alcohol abuse. Speakers are available to provide programs on drug and alcohol related topics for student, staff and faculty groups.

REAL Crisis Intervention Center, Inc.
312 Tenth Street
Contact: Mary Smith, Director ..... Phone: 758-HELP

The REAL Crisis Intervention Center is a comprehensive, non-profit organization designed to accommodate the need in Pitt County for free, confidential supportive counseling, information and referral services. All services operate on a 24-hour basis and anyone wishing to contact REAL may do so by either calling our HELP-line (758-HELP) or coming by our center.

Walter B. Jones Alcoholic And Drug Abuse Treatment Center
Highway 33 West, Greenville
Contact: Kim Bell ..... Phone: 830-3426

ADATC provides a 28-day intensive rehabilitation program for substance abuse. Programs include assessment, orientation, treatment, planning, group therapy, classes/meetings on Alcoholics/Narcotics Anonymous, NCAARF module series, leisure counseling, arts and crafts, vocational rehabilitation, medical assessment and stabilization and discharge planning.

Wesley Foundation
Methodist Student Center
Contact: Dan Earnhardt ..... Phone: 758-2030
or 355-2430

- Quarterly programs are presented for residents and members of our fellowship groups.
- Referral is maintained for persons who come for personal counseling.
- 24-hour telephone service is provided for crisis intervention and support.

Self Help Resources

Alcoholics Anonymous

Services: It is an informal international fellowship of people who join because they cannot control their use of alcohol. Their purpose is to stay sober and help others who want to remain sober. They do not recruit new members; new members are always welcome. They meet and talk about their alcohol problems.
Eligibility: Desire to stop drinking
To Apply: Call number or come to a meeting
Fee: None
Area Served: Eastern North Carolina but not limited to
Contact: 758-0789 or 757-6793

AA Meetings in Greenville

	SUNDAY		
1:00 PM	A.A. Building Farmville Highway	Discussion	(open)
5:30 PM	St. Paul's Episcopal Church 401 E. 4th Street	Big Book Study	(open)
7:30 PM	1st Presbyterian Church Elm and 14th Streets	Big Book and Discussion	(closed)
	MONDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street	Discussion	(open)
8:00 PM	AA Building, Farmville Hwy.	Discussion	(closed)
	TUESDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street	Study	(open)
8:00 PM	AA Building, Farmville Hwy.	Speaker	(open)
8:00 PM	Jarvis Memorial United Methodist Church 1510 Washington Street	Discussion	(open) smoke free
	WEDNESDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street	Discussion	(open)
5:30 PM	Jarvis Memorial United Methodist Church 1510 Washington Street	Discussion	(closed)
7:00 PM	AA Building, Farmville Hwy.	Study	(closed)
8:00 PM	Hollywood Presbyterian Church New Bern Highway	Discussion	(open)
	THURSDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street	Discussion	(open)
8:00 PM	1st Presbyterian Church Elm and 14th Streets	Step and Tradition Discussion	(closed)
	FRIDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street	Discussion	(open)
8:00 PM	AA Building, Farmville Hwy.	Step and Tradition Discussion	(closed)
	SATURDAY		
9:00 AM	Three Steer's - Breakfast	Gratitude Break.	(open)
1:00 PM	AA Building, Farmville Hwy.	Discussion	(open)
8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street	Discussion	(open)

- Open meetings are for the alcoholic and/or nonalcoholic.
- Closed meetings are for the person who has a desire to stop drinking.
- The only requirement for membership is the desire to stop drinking.
- Persons who need rides to meetings can call AA members.
- Persons interested in Reestablishing a campus AA Fellowship call 757-6793

Alcohol and the Family

	MONDAY	
7:00 PM	St. James United Methodist Church, 2000 E. 6th Street	Newcomers meeting for Adult Children of Alcoholics
7:30 PM	St. James United Methodist Church, 2000 E. 6th Street	Adult Children of Alcoholics Support Group
	TUESDAY	
8:00 PM	St. James United Methodist Church, 2000 E. 6th Street	Al-Anon - Family Group
	WEDNESDAY	
Noon	Peace Presbyterian Church Across from Pitt Community College	Adult Children of Alcoholics
	THURSDAY	
8:00 PM	1st Presbyterian Church Elm & 14th Streets	Serenity Al-Anon
8:00 PM	1st Presbyterian Church Elm & 14th Streets	Adult Children of Alcoholics

For information on the ECU Campus meeting of Children of Alcoholics phone 757-6793 or 758-2030.

Narcotics Anonymous

Services: Group therapy for addicts who want to remain drug free. Based on AA theory.
To Apply: Attend meeting
Fee: None
Contact: 830-3827

NA Meetings in Greenville

	SUNDAY		
6:30 PM	Arlington Street Baptist Church 1007 W. Arlington Street	Book Study	(closed)
	MONDAY		
8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street		(open)
	TUESDAY		
8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street		(open)
	WEDNESDAY		
Noon and 8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street		(open)
	THURSDAY		
8:00 PM	Arlington Street Baptist Church 1007 W. Arlington Street		(open)
	FRIDAY		
8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street		(open)
9:30 PM	Arlington Street Baptist Church 1007 W. Arlington Street	Candlelight Discussion	(closed)
	SATURDAY		
Noon	St. Paul's Episcopal Church 401 E. 4th Street		(open)
8:00 PM	Arlington Street Baptist Church 1007 W. Arlington Street	Candlelight Discussion	(closed)

NOTE: Closed meetings are for addicts or for those who think that they might have a drug problem. Anybody may attend an open meeting. There are no dues or fees and confidentiality is guaranteed.

Nar-Anon

Services: To help family members with a drug abuser to deal with; to both understand and help the drug abuser.
Contact: 756-0509

	TUESDAY	
8:00 PM	St. Paul's Episcopal Church 401 E. 4th Street	

Academic Resources

Alcohol and Drug Abuse Program
Department of Rehabilitation Studies
School of Allied Health Sciences
312-F Belk - ECU Campus
Contact: Jerry Lotterhos ..... Phone: 757-4421

The program offers a series of six courses in the drug/alcohol area which may be taken as elective credit by any student. Courses include:

REST 2003 - Alcohol and Drug Abuse: Health and Social Problem
REST 5793 - Treatment and Addiction
REST 5795 - Prevention of Alcohol and Drug Abuse
REST 3100 - Program Designs for Addiction Services
REST 5100 - Contemporary Issues in Alcohol/Drug Abuse
REST 6000 - Group Counseling for Addictive Illness
REST 6330 - Substance Abuse Counseling

Undergraduate students may pursue a minor in drug/alcohol studies. Additionally, a Masters Degree in Substance Abuse Counseling is available in cooperation with the Rehabilitation Studies Department. Faculty are available for speaking, technical assistance, and consultation in chemical use and abuse

Department of Health, Physical Education, Recreation and Safety
203 Christenbury Memorial Gymnasium
Contact: Dr. Rick Barnes ..... Phone: 757-6000

Health Education offers Health 1000 (Health in Modern Society) which is required for all East Carolina University students. Drugs, alcohol, and tobacco are covered as course units. Additional courses offered by Health Education which provide drug and alcohol information include:

HLTH 3010 - Health Problems I
HLTH 3020 - Health Problems II
HLTH 4323 - Methods of Teaching in Health Education
HLTH 5200 - Health Education in the Workplace
HLTH 5345 - Alcoholism in Health Education
HLTH 5355 - Drug Education
HLTH 5375 - A Systems Approach to Drug Education for Teachers
HLTH 6100 - Health Education Methodology

Department of Psychiatric Medicine
ECU School of Medicine - Brody Building
Contact: J. Frank James, M.D. ..... Phone: 551-2660

Offers a comprehensive course in the clinical aspects of substance abuse for sophomore medical students.

Faculty are available for clinical consultation, technical assistance, and speaking upon request.

Regional Training Program
A-12 Minges - ECU Campus
Contact: Carol-Ann Tucker ..... Phone: 757-4661

Provides consultation, technical, assistance, and health education relative to drug and alcohol concerns. Speakers available on request.

Department of Rehabilitation Studies
School of Allied Health Sciences
Belk Building - ECU Campus
Contact: Shel Downes ..... Phone: 757-4453

- Offers a specialty emphasis in Employee Assistance Programs in the M. S. Degree in Rehabilitation Counseling.
- Offers a M. S. Degree in Substance Abuse in cooperation with the Alcohol/Drug Program and Allied Health Sciences.

School of Social Work
134 Ragsdale - ECU Campus
Contact: Maria McMahon ..... Phone: 757-4208

Social work provides a course (SOCW 3000), Addiction, Crime and the Criminal, which is available to social work majors and as an elective to others.

Religious Organizations

Baptist Student Union
511 E. 10th Street
Contact: Bob Clyde ..... Phone: 752-4646

Bayt Shalom
1420 E. 14th Street
Contact: Rabbi Michael Chen ..... Phone: 830-1138

Buddhist Meditation & Study Group
Contact: Byron Coulter ..... Phone: 757-6476

Campus Christian Fellowship
Post Office Box 2652
Contact: Jim Poindexter ..... Phone: 752-7199

Campus Crusade for Christ
204 Freestone Drive
Contact: Jeff Brannon ..... Phone: 752-9630

Campus Ministries
Call for information or assistance ..... Phone: 752-2030

Latter Day Saints Student Assoc.
Contact: John Nelson ..... Phone: 756-6012

Moslem Students Assoc.
Contact: M. Saeed Dar ..... Phone: 551-2885

Newman Catholic Student Center
953 E. 10th Street
Contact: Father Paul Vaeth ..... Phone: 757-1991

Our Redeemer Lutheran Church
1801 S. Elm Street
Contact: Graham Nahouse ..... Phone: 756-2058

Church of Christ
1706 SE Greenville Blvd.
Contact: Winfred Felton ..... Phone: 830-0068

ECU Christian Fellowship
Contact: Ken Hammond ..... Phone: 757-4711

ECU Navigators
Contact: Kenny Jenkins ..... Phone: 757-6052 or 757-0533

Episcopal Student Fellowship
401 E. 4th Street
Contact: Marty Gartman ..... Phone: 752-3482

Faith and Victory Campus Ministry
Contact: Thomas and Stacy Fernandez ..... Phone: 355-6621

Fellowship of Christian Athletes
Contact: David Sawyer and Pete Yurish ..... Phone: 757-4570

Inter-Varsity Christian Fellowship
Contact: Kim Summers, Alan Larkins ..... Phone: 830-0654, 752-7011

Presbyterian Campus Ministry
501 E. 5th Street
Contact: Michelle Burcher ..... Phone: 752-7240

The Way Campus Fellowship
2007 E. Tiffany Drive
Contact: Chuck Black ..... Phone: 355-5164

Unitarian Universalist Fellowship
312 Dupont Circle
Contact: Lisa Brenner ..... Phone: 355-6658

Wesley Foundation
501 E. 5th Street
Contact: Dan Earnhardt ..... Phone: 758-2030

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